

## 2000 MSHSL Section 5AA at Washburn HS, Minneapolis- Wednesday, 5/31/00 and Friday, 6/2/00.

**Teams:** Fridley 78, Park Center 71, Mpls Washburn 67, Robbinsdale Cooper 66, Osseo 63, Mpls South 62, Maple Grove 61, Mpls Southwest 53, St Louis Park 50, Benilde-St Margaret 33, Mpls Henry 30, Mpls North 30, Mpls Roosevelt 19, Mpls Edison 17, Columbia Heights 1.

### 100 Meter Dash

- 1 Jamar Stromberg, Henry(12) 11.02
- 2 Derek Thaden, Cooper(12) 11.03 (10.95p)
- 3 Matthew Shannon, Washburn(12) 11.07
- 4 Jason Hicks, North(12) 11.13
- 5 Saan Clemons, North(11) 11.63 (11.43p)
- 6 Quintin Veasy, Park Ctr(11) 11.67
- 7 Justin Carter, Roosevelt(11) 11.72
- 8 Eric Bornetun, Col Hgts(10) 11.97 (11.47p)

### 200 Meter Dash

- 1 Jamar Stromberg, Henry(12) 21.90
- 2 Matthew Shannon, Washburn(12) 21.95
- 3 Derek Thaden, Cooper(12) 22.03
- 4 Jason Hicks, North(12) 22.60 (22.49p)
- 5 Tyrone Hale, Washburn(12) 22.82
- 6 Fletcher Terrell, St Louis Pk(10) 23.03
- 7 Anwar Anfield, Osseo(12) 23.39 (23.28p)
- 8 Antone Price, Roosevelt(10) 23.47 (23.21p)

### 400 Meter Dash

- 1 Tyrone Hale, Washburn(12) 49.22
- 2 Matthew Shannon, Washburn(12) 49.97
- 3 Derek Thaden, Cooper(12) 50.77
- 4 Ronnie West, Fridley(12) 52.11 (51.59p)
- 5 Brent Sorenson, Osseo(11) 52.61 (52.53p)
- 6 Mike Skelly, St Louis Pk(10) 53.01 (52.42p)
- 7 Seci Norris, Roosevelt(12) 54.61 (52.98p)
- 8 Erik Lundgren, Southwest(12) 55.90 (52.37p)

### 800 Meter Run

- 1 Peter Voves, South(12) 1:59.29
- 2 Scott Barthel, Osseo(11) 2:01.09
- 3 Mike Yard, Maple Grove(9) 2:01.72
- 4 Paul Sellers, Southwest(12) 2:01.84
- 5 Joe Peatrowsky, Osseo(11) 2:03.91 (2:03.53p)
- 6 Dave Ochs, Osseo(12) 2:04.32
- 7 Joe Yard, Maple Grove(11) 2:04.51
- 8 John O'Connor, Bnild-SM(12) 2:05.24 (2:03.83p)

### 1600 Meter Run

- 1 Nick Schneider, Benilde-SM(11) 4:08.35 \*\*
- 2 Pete Keenen, Fridley(12) 4:19.71
- 3 Mar Jang, Edison(10) 4:20.63
- 4 Mike Norbeck, Southwest(12) 4:36.46
- 5 Malcolm Richards, South(11) 4:37.78
- 6 Michael Keir, South(12) 4:38.58
- 7 Mohamed Elmi, Roosevelt(11) 4:42.03
- 8 Bill Kretsch, Benilde-SM(12) 4:44.40

### 3200 Meter Run

- 1 Nick Schneider, Benilde-SM(11) 9:01.00 \*\*
- 2 Pete Keenen, Fridley(12) 9:18.55
- 3 Mar Jang, Edison(10) 9:33.50
- 4 Mike Norbeck, Southwest(12) 9:51.11
- 5 Kevin Walczak, Park Center(11) 9:53.01

- 6 Malcolm Richards, South(11) 9:53.92
- 7 Neil Grosscup, Southwest(9) 10:00.41
- 8 Bill Kretsch, Benilde-SM(12) 10:13.03

### High Hurdles

- 1 Jeronne Williamson, Park Ctr(12) 14.64
- 2 Rick Orr, Southwest(11) 15.34
- 3 Jacob Ford, St Louis Pk(12) 15.94
- 4 Mike Samuelson, Fridley(11) 16.04 (15.7h p)
- 5 Dustin Fansler, Maple Grove(12) 16.24 (15.8h p)
- 6 Tim Swanson, Osseo(11) 16.64 (16.0h p)
- 7 Patrick Mix, Henry(9) 16.94 (16.4h p)
- 8 B. Roger, Benilde-SM(12) 17.14 (16.1h p)

### Intermediate Hurdles

- 1 Eric Olson, Fridley(12) 39.44
- 2 Steve Floyd, Park Ctr(12) 41.23 (40.26)
- 3 Tim Swanson, Osseo(11) 41.61 (41.41p)
- 4 Dustin Fansler, Maple Grove(12) 42.35
- 5 Rick Orr, Southwest(11) 42.60 (41.86p)
- 6 Toussaint Morrison, South(12) 42.85
- 7 Mike Samuelson, Fridley(11) 42.90 (42.41p)
- 8 Tom May'O, Park Center(11) 44.12 (43.65p)

### 4x100 Relay

- |                     |                    |
|---------------------|--------------------|
| 1 North 43.33       | 5 Cooper 45.75     |
| 2 Henry 43.51       | 6 South 46.13      |
| 3 Osseo 45.36       | 7 Benilde-SM 46.15 |
| 4 St Louis Pk 45.38 | 8 Park Ctr 46.36   |

### 4x200 Relay

- |                       |                      |
|-----------------------|----------------------|
| 1 Park Ctr 1:30.45    | 5 Roosevelt 1:34.09  |
| 2 St Louis Pk 1:32.24 | 6 Southwest 1:35.72  |
| 3 Osseo 1:33.02       | 7 Benilde-SM 1:43.45 |
| 4 Cooper 1:33.82      |                      |

### 4x400 Relay

- |                       |                  |
|-----------------------|------------------|
| 1 Park Ctr 3:26.43    | 5 Osseo 3:35.89  |
| 2 Southwest 3:30.13   | 6 Edison 3:38.61 |
| 3 Fridley 3:31.38     | 7 South 3:39.88  |
| 4 St Louis Pk 3:32.12 | 8 Cooper 3:42.26 |

### 4x800 Relay

- |                     |                       |
|---------------------|-----------------------|
| 1 South 8:05.05 **  | 5 Fridley 8:50.39     |
| 2 Osseo 8:05.28     | 6 St Louis Pk 8:53.51 |
| 3 Park Ctr 8:13.81  | 7 Maple Grove 9:06.52 |
| 4 Southwest 8:17.36 | 8 Cooper 9:07.13      |

### Shot Put

- 1 Mike Redepenning, Fridley(11) 46-11 ¼
- 2 Jeff Peterson, Park Ctr(12) 46-8 ½
- 3 Donigan Linder, South(12) 45-10
- 4 Chad Conner, Osseo(12) 45-9
- 5 Steve Sachs, Maple Grove(12) 43-1 ½
- 6 Alex Jury, Washburn(11) 42-9 ¼
- 7 Lance Oberment, Park Ctr(10) 42-8 ½
- 8 Will Poling, South(12) 42-0 ¼

### Discus Throw

- 1 Enrique Fuentes, Maple Grove(12) 156-8
- 2 Donigan Linder, South(12) 141-10
- 3 Derik Gulbro, St Louis Pk(11) 140-0
- 4 Will Poling, South(12) 134-6
- 5 Tony Warren, Fridley(12) 133-0
- 6 Eric Naylor, Cooper(10) 132-10
- 7 Mike Evans, Edison(12) 127-4
- 8 Chad Conner, Osseo(11) 125-8

### Long Jump

- 1 Matthew Shannon, Washburn(12) 21-11 ½
- 2 Tyrone Hale, Washburn(12) 21-6 ¼
- 3 Derek Thaden, Cooper(12) 19-10
- 4 Friday Mathews, Maple Grove(12) 19-8 ¼
- 5 Nate Rose, Maple Grove(10) 19-5 ¾
- 6 Steve Floyd, Park Ctr(12) 19-5
- 7 Ronnie West, Fridley(12) 19-4 ½
- 8 Brian Theng, Cooper(9) 19-2 ½

### Triple Jump

- 1 Friday Mathews, Maple Grove(12) 42-7 ¼
- 2 Mark Mellein, Maple Grove(11) 41-7 ½
- 3 Clinton Scott, North(12) 41-2 ½
- 4 Luke Miller, Park Center(12) 40-5 ¼
- 5 Adam Flores, St Louis Pk(12) 40-1
- 6 Kevin Haglund, Fridley(9) 39-11
- 7 Ethan Vanderhart, Fridley(11) 39-9 ¾
- 8 Thinh Bui, Cooper(10) 39-7

### High Jump

- 1 Tyrone Hale, Washburn(12) 6-1
- 2 Frank Bass, Roosevelt(12) 6-0
- 3 Leland Bellard, St Louis Pk(12) 6-0
- 4 Dietrich Orjnagte, Southwest(10) 6-0
- 5 Dave Saarela, Fridley(12) 5-9
- 6 Anwar Anfield, Osseo(12) 5-9
- 7 A. Christo, Benilde-SM(12) 5-9
- 8 Mark Mellein, Maple Grove(11) 5-9

### Pole Vault

- 1 Weston Sweezy, Cooper(10) 13-3
- 2 Trevor Hunt, Cooper(11) 13-0
- 3 Mike Aulwes, Cooper(11) 12-9
- 4 Eric Olson, Fridley(12) 12-0
- 5 Matt Walsh, South(12) 11-6
- 6 N. Hoiseth, Benilde-SM(10) 11-0
- 7 Andy Sullivan, Southwest(11) 11-0
- 8 Adam Cunningham, St Louis Pk(12) 11-0

\*\* Meet Record

**Notes:** Prelim times only noted if faster than final times.